



Chorlton Good Neighbours Care Group

**Supporting Wellbeing for our local older adults through
friendship, activities and practical help**

Helen Hibberd, Co-ordinator

**Wilbraham St Ninians Church
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Charity Number: 1013285

What do you fancy doing today?

TUESDAY



SNOOKER, BOWLS, CARDS & DARTS AFTERNOON

Every Tuesday 1-3pm at a local cricket club in Chorlton
Come and enjoy a relaxed couple of hours.
No pressure to play.

THURSDAY



MELODICS SINGING GROUP

Every Thursday 11.30-1pm at Wilbraham St Ninians Church
A friendly singing group that performs a range of popular songs.



HISTORY TALKS

The first Thursday of every month - 1.30 - 3pm at Wilbraham St Ninians Church
Talks on a variety of historical topics - £1 entrance fee including tea/coffee.

FRIDAY



GARDENING CLUB

Every Friday 10-1pm at Wilbraham St Ninians Church
We have a fully accessible garden with a greenhouse and raised beds growing fruit, vegetables and flowers. Come along and get involved with some gardening or just stop by for a chat.

We also provide a range of other services and activities such as visiting and be-friending, transport to local appointments, help with dog walking and small odd jobs, wheelchair support, day trips out by coach or in smaller groups by car, Thursday coffee morning and art class and a monthly Sunday Tea.
Contact us for more information and to receive our newsletter.