

N WHALLEY RANGE E

News and Events

July/August 2016



Working towards an age-friendly Whalley Range

Celebrate - with Age-friendly Whalley Range & Chorlton!



12-6pm Saturday 16th July 2016

Manley Park, Clarendon Road, Whalley Range, M16 0AB

Come and visit the age-friendly marquee at Celebrate!

Come and help our Opinion Tree grow! You can 'branch out' at our workshop on Saturday, get arty with decorations and 'leaf' your opinions and ideas about how we can make our neighbourhood 'blossom'! Thanks to Dave's Carpets and Leon's Fabric for the materials and kind support.

- ✚ Thomas Ndhlebe from the original community of Zimbabwean stone sculptors
- ✚ Vinyl printing workshop: design your own age-friendly cotton bag!
- ✚ Chair-based exercise for people with reduced mobility with Beatriz Lazarus
- ✚ Cakes from Blues Cafe & fruit punches
- ✚ Retro Dave Taylor's Hit Parade 1920-1970
- ✚ Information Stalls: local age-friendly services, activities, health & wellbeing...and lots more!

Luv Not H8 Following racist threats against the African Caribbean Care Group, a community show of strength, solidarity & Unity Against Racism was held in Alex Park. "A beautiful day: All the determined rainbow faces, moving speeches & gestures of solidarity shown by Manchester people as we marched down Princess Parkway was truly humbling." Our community came together making a stand against the estimated 50% increase in Hate Crimes and racist threats since the EU referendum results. The event was organised to demonstrate our solidarity against this behaviour. The message was a call to "show strength of unity from all sides of the human race and prove we can defeat this minority of hate filled minds with love filled hearts"

Photos from Luv not H8 photographer on Facebook:
<http://tinyurl.com/hcx7fxx>

"Racism is an illness of the mind. We were all born without it. Mis-Education and hatred creates it. If you choose to live with it in your heart you WILL suffer. If you rid it from your mind body and soul you can be FREE. Re-educate yourselves to be respectful, tolerant, appreciative, fearless and helpful to those who appear to be different from ourselves. It might sound very basic and childlike but this is a very basic and childlike mindset that needs altering within ourselves. Peace, Love and Light to all my fellow humans. We can do this TOGETHER."

Whalley Range Youth Opportunities Association presents

Celebrate Festival

Whalley Range

SATURDAY 16TH JULY 2016

12PM - 6PM
 MANLEY PARK
 CLARENDON ROAD, M16 0AB

Fun for ALL! FREE ENTRY!

The annual festival of Whalley Range's talent and diversity returns for its 19th year, at a new home in Manley Park.

Live music from local artists ✚ Bouncy Castle
 Arts & Crafts Activities ✚ International Food & Drink
 Free Workshops ✚ Independent Local Traders
 Multi Sports Games ✚ Age Friendly Marquee
 Tea, Coffee, Cakes ✚ Community Info & Support
 MCing & DJing sessions ✚ Health & Wellbeing Info ✚ Raffle

PLUS - bicycle activities, more stalls and extra fun for all the family next door at Manley Park Primary School!

For more information contact festival coordinator
 Joe on 07886461060 or celebratewhalleyrange@gmail.com
wryoa.co.uk [celebratefestivalwhalleyrange](https://www.facebook.com/celebratefestivalwhalleyrange) @WRYOAUk

* Sorry, no animals, no alcohol, no glass bottles.
 * Free bike lockups at Manley Park Primary School, York Avenue *



BIN CHANGE.

We're giving residents a brand-new bin.

This summer we're swapping residents' rubbish bins for smaller ones

The new grey wheelie bins will hold 140 litres of rubbish, compared to the 240 litre size we have now. Less rubbish and more recycling will save us at least £2.4million a year, which can be spent on services that residents have told us they want.

Leaflets are being delivered to all households affected, explaining the change and why it's necessary

- Up to 75% of household waste can be recycled but we recycle 33%
 - We spend £36million a year disposing of waste.
 - Collection days will stay the same
 - Bin swaps start from 1 August for 3 months (we'll put prominent stickers on old bins 2 weeks ahead)
- New, bigger or additional recycling bins can be ordered for free on-line manchester.gov.uk/recycling

HELP NEEDED

Seeking volunteers to help fix bikes, clothes, electricals, furniture etc at the monthly Manchester Repair Cafe please get in touch for info: hello@stitchedup.coop [facebook.com/McrRepairCafe/](https://www.facebook.com/McrRepairCafe/)



The Repair Café is a free to use, drop in community event, run by volunteers and open to all. The purpose of a Repair Café event is that people work together to fix things. The event, which will take place at Stitched Up HQ from 10-12 on the third Saturday of every month, is volunteer run, free and open to anybody. Just drop in with or without broken items to learn repair skills from our expert volunteers, have a cup of tea, and maybe even help out yourself. Any broken items that you are able to transport to the Repair Café are welcome. This could be toasters, lamps, toys, clothes, hair dryers, bikes, crockery etc. The first Manchester Repair Café will be taking place on Saturday the 16th of July!

Sport & Physical Activity in Alexandra Park

Cricket: Standard pitch + changing rooms, used by several clubs from the community who play in local leagues.

Friends Sporting Club - Cricket Jiju Simon 07886 410604

friendssportingclubmanchester@gmail.com

Friends United Cricket Club & In-Time Cricket Club

Tanveer Manmood 07515 476456 tan110@hotmail.co.uk

West Indian Social Club - Cricket Basil Gumbs

07539 784928 basil@caribbean.fsbusiness.co.uk

Community Cycling: WR on Wheels run women only

cycling and general bike maintenance sessions. Eve Francis

07812 157761 evefrancisholt@gmail.com

Football: Full size pitch with changing rooms, adult teams

play in Manchester Amateur League. Junior Football club

is being developed in the park. Fit For the Future Junior

Football Club Mohammed Rashid 07983 865870

FutureCityFc@hotmail.com Hassan Salim 07515 476456

Moss Side Powerhouse Football Club Kenny Osigwe

07725 168389 manchesterpowerhousefc@gmail.com

Nello James Football Club Tony Ferguson 07795 621362

tony.ferg@hotmail.co.uk

Recreational Running: 5 running routes, 3 are linked to

the 321 Run England routes. Open Athletics host monthly

5km runs for women. Anna Verges 07709 000436

co-chairs@openathletics.org

Run England: Tess Ptonka 07718 394821

tptonka@englandathletics.org

Tennis: 4 porous macadam courts. Coaching from Tots to

adults + social tennis sessions. Tennis Manchester: Mark

Torkington 07935 230773 m.torkington@outlook.com



CARIBBEAN Carnival OF MANCHESTER

"A Celebration of Barbados 50 years of Independence"



SATURDAY 13TH AUGUST 2016

1pm- 9pm

SUNDAY 14TH AUGUST 2016

1pm- 9pm

www.themanchestercarnival.com

WILDFLOWER GARDEN



Manley Park

Methodist Church and

JNR8 Wildflower

Garden

Wild Flowers – can you help?

Folk from Manley Park Methodist Church with some help from JNR8 are preparing the ground and sowing seeds on a large part of the old lawn by the church. There will be many varieties of wildflower judging by the seeds already given. Donations of forget-me-not and cowslip have been promised. A grass path winds its way through the garden.



You could help:

- by enjoying it as it grows
- walking the path
- donating seeds or plants
- helping with the design – we think this garden will develop over time

You can drop wildflower seed donations off at JNR8, c/o Russell Kirby, or call Russell on 07946 564572 for more info and to get involved.

ParkLives is running free fun camps during the summer for Children aged between 8-11 years.

Where: Alexandra Park, meeting at the cafe veranda near to the lake.

When: 9.30 -12.30 Fridays for 5 weeks from 29/07/16 - 26/08/16

Find about what else is happening www.parklives.com

Come and celebrate the fun of the circus, without animal exploitation 6th August 11-5pm

Chorlton Irish Club: £2 adults, 50p kids
Stalls, music, circus tricks, vegan food, music + games
www.facebook.com/events/1739472442933417/



ALEXANDRA PARK Heritage Group

will be in Chorlton Lodge from 12-4pm on Sunday 11th Sept, which is the 2nd Birthday of the park reopening.

We are looking at images of peace and making a 'whispering tree' with peace messages to decorate the beautiful tree outside the lodge and making badges. At 2pm there is a Guided Walk led by Anne Beswick, a green badge guide with Manchester Guided Tours. The Heritage group is a small group of volunteers who are trying to capture the stories of Alexandra Park. We welcome new members who have an interest in local History. Contact J.keys@manchester.gov.uk or ring 0161 868 0861. Chorlton Lodge is on Claremont Rd near to Princess Parkway. <http://tinyurl.com/jlhfmqr>

Counselling Service

Are you experiencing?....

- Depression / Anxiety / Stress
- Family Issues
- Relationship Difficulties
- Domestic Issues
- Isolation / Loneliness
- Cultural Identity Issues



Would you like to?....

Talk to someone without being judged
Share your thoughts and feelings
with a professional counsellor

Free and Confidential Service*

*subject to status and project priorities which may vary

Home visits can be arranged in some circumstances

Please ring, text or email to arrange an appointment

0161 881 0007 or 07788 414 771

Email: cdi256@gmail.com

Old Trafford, Manchester



The future of transport in Greater Manchester: have your say



People across the city region and beyond are being asked to have their say on the future of Greater Manchester's transport following the launch of a 12-week consultation on a draft long-term strategy.

The *Greater Manchester Transport Strategy 2040* – developed by Transport for Greater Manchester on behalf of the Greater Manchester Combined Authority and Greater Manchester Local Enterprise Partnership – sets out long-term proposals to create a cleaner, greener, more prosperous city region through better connections and simpler travel. The Strategy considers all aspects of travel from local neighbourhoods to global markets and focuses on creating an integrated, sustainable, and well co-ordinated transport system which supports a wide range of different travel needs. Find out more and join in the conversation at www.tfgm.com/2040, where a short animation of the *Greater Manchester Transport Strategy 2040* is also available to view. All comments will be reviewed and taken into consideration before the Strategy is finalised later this year.

The consultation closes on **26th September 2016**.

**WHIZ YOUTH PROJECT
BIKE WORKSHOPS**



Get to know your bike: find out what's what on your bike and learn some tips for keeping it running smoothly and safely.

Be prepared to get your hands dirty!

Monday 18th July (girls group) - 6:00pm - 8:00pm
Wed 20th - 6:00pm - 8:00pm

Sessions are open to all young people (11-19yrs)
and are completely

FREE

Also: Learn important cycling safety tips

JNR8 Youth & Community Centre, M16 0BG

Call Alison on 0161 881 3744

The Post Office at 268 Upper Chorlton Road

has recently been refurbished - and the new owners are keen to work with the local community.

Email javidali@hotmail.co.uk or call 07949 888818

Getting involved

Free Jazz Sundays 9pm @ The Hillary Step

17th July Gary Boyle Band, legendary jazz fusion guitarist plays originals

24th July: Simone Manunza and Matt West, exquisite guitar duo.

31st July: Grant Russell Quartet Dynamic originals and jazz standards

7th August: Dave Roberts Quartet Sax led modern jazz

14th August: Annie Long, classy songstress

Wednesday is jam night at Jam Street!!!!



Every Wednesday
9.30pm-Midnight, FREE
209 Upper Chorlton Rd
Featuring Exhibit Reggae Band plus guests jamming



GASLIGHT OPEN MIC - HOSTED BY SARAH - last Thursday of the month, 197 Upper Chorlton Rd

SWIMMING IS FREE FOR OVER 60S!! Just ask at your local pool, with proof of age, address, e.g. council tax bill and they will issue you a pass.

St. Margaret's Church Fairtrade Coffee Morning
Saturday 6th August 2016
Rufford Road, Whalley Range
From 10.30am

Homemade Cakes for Sale
11.00am - 12.00 noon
Gerry Roland & Helen Present
Music from 'The Swing Era'
Free entry

See <http://tinyurl.com/gmeyloh>

RSPB Family Wildlife Days: 11-5pm
Alexandra Park, July 22nd, 23rd & 30th.
August 6th, 20th & 27th - FREE
Connect with nature!



Useful Numbers

Councillors

Angeliki Stogia	07901528750
Aftab Razaq	07799560244
Mary Watson	860 5523
Whalley Range Forum	881 3744
Health Forum	881 3744
JNR8	881 3744
Whiz projects	881 3744
Celebrate Festival	881 3744

Police

Emergencies	999
Non-emergencies: 101 (15p per call)	
Crimestoppers	0800 555 111
Local Station	856 4973/856 4784
Council Planning	234 4537
Environment Issues	
Environmental Health	234 4875
Neighbourhood Services	234 5004
Ward Co-ordinator	455 1015

About the

Whalley Range Community Forum

The Whalley Range Community Forum is a representative voluntary organisation for residents of Whalley Range. The Forum aims to promote a positive image of the area, contribute to the development of appropriate government strategies, improve local facilities and services and increase communications with other organisations.

Whalley Range Community Forum

Meetings

BMHC, College Road, M16 8BP
7pm Thursday 8th September
7pm Thursday 10th November

E: communityforumwhalleyrange@gmail.com

T: 0161 881 3744

c/o JNR8, 82 Cromwell Ave

WRCF on Twitter

<http://tinyurl.com/8ywpoz>

The Policing team for Whalley Range:

Police Constable Summer Roberts

Police Community Support Officers

PCSO Ahmed Farooqi

PCSO Jacqueline Cosgrove

PCSO Carli Malone

PCSO Iain Tuft

PCSO Simon Laing