

# N WHALLEY RANGE E

## News and Events

November/December 2016



Working towards an age-friendly Whalley Range



**Great news!** Stagecoach has launched a new bus service 85A for the people of South Manchester as a direct result of customer feedback. From Monday to Saturday, two buses per hour will be re-routed via Withington Road and Yarbrough Street. [Download the Timetable](#)  
Read more: <http://tinyurl.com/zk9mkek>

Whalley Range Mental health and Wellbeing group

## Time To change

Every Friday

6:00 p.m. to 8:00 p.m.  
JNR8, 82 Cromwell Ave,  
M16 0BG

**Congratulations to the Friday night Time to Change wellbeing group who have just celebrated their 1<sup>st</sup> year anniversary!** The group is volunteer-led and is a safe and comfortable space to meet and chat with friends and make new friends. Activities include pool, table tennis, Tai Chi and music, along with regular bike repair sessions. Group members shop, cook and eat a meal together each week. The group have also been on a day trip over the summer and hope to go on more outings in the future. One Wellbeing group member commented:

**“It has been the highlight of my week”**

### WITHINGTON ROAD CHRISTMAS MARKET

We are planning a Christmas Market on Saturday 10th December 2016.

There are 20 stalls available and we are accepting expressions of interest from stallholders.

To register your interest visit the website at <http://withingtonroad.org/>



**NHS**

### Aged 40-74? Find out about our FREE NHS Health Check

Even though you might be feeling great, if you're over forty you may be at risk of heart disease, stroke, kidney disease, diabetes or dementia.

A FREE NHS Health Check can help you reduce these risks and make sure that you stay healthy.

**For a free Health Check**  
Join us at:  
JNR8 Youth and Community Centre  
82 Cromwell Ave,  
Whalley Range M16 0BG  
On Thursday 24th November  
from 9.30-4pm

Indian Senior Citizens Centre  
16-18 Whalley Road,  
Whalley Range M16 8AB  
On Thursday 8th December  
10-4pm

To be suitable for a check you must:

- Be aged between 40 and 74
- Not be taking medication for high blood pressure, high cholesterol, diabetes or heart conditions.
- You must also have a doctor in Manchester. (so we can send them your results).

**Don't fit the criteria? But want to make lifestyle changes? Come and see our Wellbeing Advisor on the day! (The Wellbeing Advisor Service is open to all Manchester residents). For more information please call Laura Cassidy at Buzz on 0161 220 6096.**

**NHS HEALTH CHECK** helping you prevent diabetes, heart disease, kidney disease, stroke & dementia

**buzz** Manchester Health & Wellbeing Service

Whalley Range Community Forum are hosting an NHS Health Check day for residents aged between 40-74 years on 24<sup>th</sup> November from 9:30-4pm with Manchester's Buzz Health & Wellbeing service. Health checks take around 20 minutes – so to avoid waiting around you can book your slot by calling Laura Cassidy from Buzz on 07484537178.

More information about the service: [20150908-information-leaflet-large-print-english](#)  
[nhs-health-check-info-easyread-webacc](#)

In addition to the health check, the Alexandra Park Falls Team will be here from 10:30-12:30 to give advice about falls prevention. Health information will be on display all day and a free soup lunch is available from 12-1pm. Call Chris 881 3744 for more details. We have a small travel budget for older people with low mobility and can refund taxi/Ring & Ride or Local Link journeys if you keep the receipt/ticket. An 85A bus service is now runs along Withington Rd: [www.tfgm.com/journey\\_planning/RouteMaps/86.pdf](http://www.tfgm.com/journey_planning/RouteMaps/86.pdf) Call Local Link on 0161 200 6012 and Ring & Ride 0161 200 6011/0845 688 3989 to find out how to register and book your journey.

## Whalley Range to lose a third of its ward?

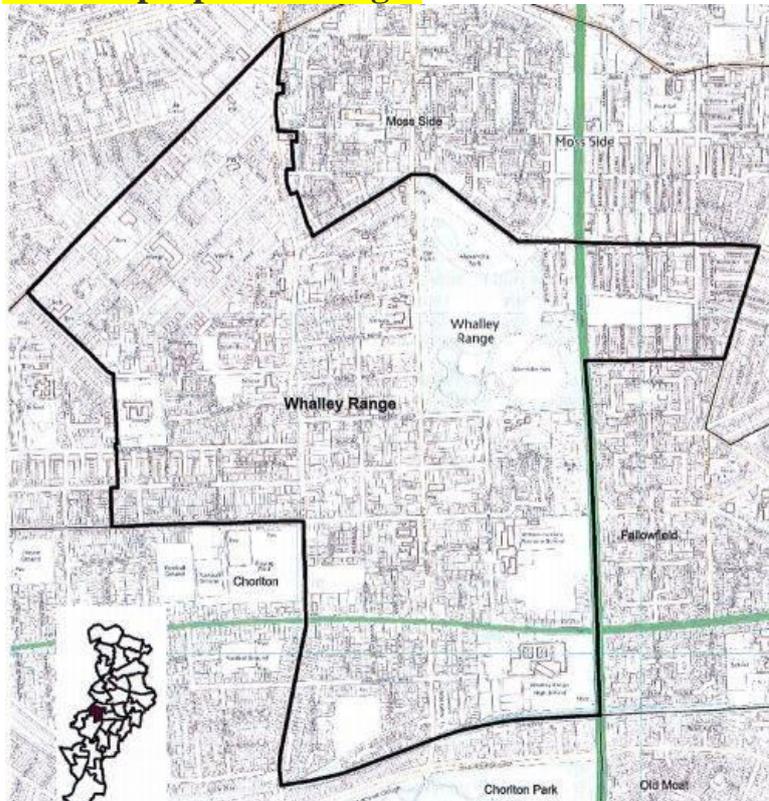
Proposals from the City Council in response to the Boundary Commissions review of wards in Manchester has proposed that Whalley Range loses an area west along College Road to the College and all areas south, a large part of the Manley Park area, as well as the south part of the ward.

The Commission is carrying out an electoral review of Manchester City Council, to recommend ward boundaries that mean each councillor represents approximately the same number of voters. They are aiming to ensure that the pattern of wards reflects the interests and identities of local communities as well as promoting effective local government. The Commission announced that it was minded to recommend that Manchester City Council should have **96** councillors, which is the same as present.

### Existing ward map

On 26th July 2016, the first period of consultation started, with comments being invited for 26th September 2016. As a result the City Council has drawn up some revised boundaries.

### Council proposed changes



The council's proposals lose part of the south of the ward, and the area around Manley Park, and gain an area of Moss Side, which is having to lose some of its voters to neighbouring wards as a result of population growth.

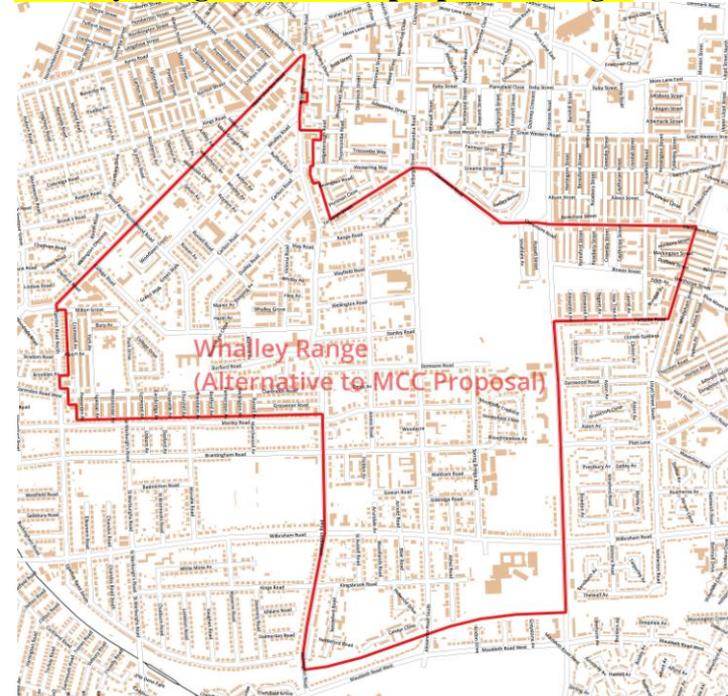
Whalley Range ward seems to have been the most affected by the proposed city changes, as only Northenden raised any objections to their changes (one submission) whereas in Whalley Range, the Forum, Whalley Range Youth Opportunities Association, Community on Solid Ground, Range Road Residents and the Manley Park Methodist Church and several residents including local GPs have all raised objections. The main community objections are that the area of Manley Park in particular has a strong sense of community identity, dating back to the original building of the Dukeries in 1905. The JNR8 youth and community centre houses many of our local Whalley Range wide groups, and this community centre, along with the park, COSG building and infant school, the shops and cafes on Upper Chorlton Road /College Road, and the St Margaret's centre, would no longer be in Whalley Range.

What next? The commission will consider all representations and publish draft recommendations in November. There will then be a further period of consultation on the draft recommendations.

Final recommendations are expected to be published in April 2017. The new electoral arrangements will come into effect at the local election in 2018. You can see all of the submissions on the Boundary Commission website. *Carol Packham.*

[www.lgbce.org.uk/current-reviews/north-west/greater-manchester/manchester](http://www.lgbce.org.uk/current-reviews/north-west/greater-manchester/manchester)

### Whalley Range alternative proposed changes





# VOLUNTEERS NEEDED FOR WINTER 2016/17

## Volunteers needed for night shelter in Whalley Range

The Greater Manchester Winter Night shelter provides rough sleepers with a warm welcome, food and good company as well as a warm, safe bed. This winter we plan to open every night for 6 months, and we need loads of volunteers to help us. No specific skills or experience are necessary. Our volunteers get involved with setting the shelter up, preparing and serving meals, chatting and playing games with our guests, cleaning up afterwards. You can work an evening, night, or morning shift, or more than one. You don't have to commit to a weekly shift, or to the whole six months of the project - we value whatever time you can offer us. If you can't come to any shifts, but would still like to help, you can volunteer to cook or do laundry at home, collect or deliver food, or help with fundraising. You can get more information about volunteering and register as a volunteer on our website: [www.gmwns.wordpress.com](http://www.gmwns.wordpress.com).

Questions? Email us at [nightshelter@greatertogethermanchester.org](mailto:nightshelter@greatertogethermanchester.org)



## The Pen is Mightier than the Sword 2016

This event will take place at 2-5pm on Saturday 3rd December at St Margaret's Church, Rufford Road, Whalley Range. Once a year, Amnesty International asks supporters to send cards and letters of solidarity to victims of human rights violations and their defenders. Join us for this annual event, the 14th in an unfortunately continuing series.

### Generating Opportunities

In the New Year, our JNR8 work club projects will be offering help and support to residents who want to find work or change their job, access training or volunteering and brush up or learn new computer skills. We will also offer dyslexia screening sessions and confidence/self-esteem building courses for residents who are struggling and need extra support.

Check out our website regularly for further details and enrolment dates. [www.whalleyrange.org](http://www.whalleyrange.org)



### Spirit of Manchester Awards 2016

Well done to Majid Dar of Community on Solid Ground, for winning the Contribution to the Sector award for his community work in Whalley Range and other areas of Manchester.

See more (including some great dance moves!) at: [www.youtube.com/shared?ci=rLGX\\_-Z9YUw](http://www.youtube.com/shared?ci=rLGX_-Z9YUw)



St. Werburgh's Church invites you to this year's

## Christmas Fair

Support Local Crafts this Christmas

**Saturday 26th November 2016**

**11.00am - 3.00pm**

**St. Werburgh's Church**

386 Wilbraham Road, Chorlton. M21 0UH

Live Music from Bernstein Quartet

For further info please contact Revd Canon Falak Sher - 07930573624

### ALEXANDRA PARK CHRISTMAS CHEER

Christmas Party - 17<sup>th</sup> December from noon-4pm  
Carol singing with the choir, craft stalls,  
children's activities - and Santa!

Call 868 0861 for info: details will be on the website soon <http://alexandraparkmanchester.com/>

**Chorlton Book Festival**  
**18th – 26th**  
**NOVEMBER**

Manchester's most literary suburb invites you to celebrate with us.

The Chorlton Book Festival returns for its 12th year with more events and authors than ever before, including Costa Book Award winning author Andrew Michael Hurley, best-selling crime and thriller writers Rachel Abbott and Paul Finch and a murder in the library!

All Events are free and at Chorlton Library unless stated. For those events where booking is required, please follow the links below or call Chorlton Library on 0161 227 3700.

Festival Programme:

[www.chorltonbookfestival.co.uk/](http://www.chorltonbookfestival.co.uk/)  
 Paper copies available from Chorlton library

**Manchester Christmas Markets are back!**

November 10 to December 20, 2016, with the main market hub in Albert Square remaining open until December 21. The Albert Square stalls will be open from 10am to 9pm daily.

**The Family Zone is back in Cathedral Gardens**

The traditional rides include a ferris wheel, a carousel, a helter skelter and a tea cup ride. There is also an ice rink, close to the National Football Museum Square and it will stay open until Sunday January 8.



**Whalley Range Community Forum Meetings**

Put the dates in your diary! Local residents are invited to hear reports from local Councillors, the Police etc, and find out what is happening.

Thursdays 7-9pm

Venues to be confirmed

7pm Thursday 12<sup>th</sup> January 2017

7pm Thursday 9<sup>th</sup> March 2017



**Christmas with Manley Park Methodist Church**

Sunday 18<sup>th</sup> December 4pm

**Community Carol Service**

Wednesday 21<sup>st</sup> December 6.30pm

**Carol singing around the streets**

All welcome, carol sheets will be provided. Raise money for charity. Bring a lantern!



Congratulations to Liz - one of our Over 50's Cromwell Community Cuppa members who scooped the runner up prize with her fantastic design in the Chorlton Book Festival's [The Make It Shop](#) mask decorating competition!



**Useful Numbers**

**Councillors**

Angeliki Stogia	07901528750
Aftab Razaq	07799560244
Mary Watson	860 5523
Whalley Range Forum	881 3744
JNR8	881 3744
Whiz projects	881 3744
Celebrate Festival	881 3744

**Police**

Emergencies	999
Non-emergencies: 101 (15p per call)	
Crimestoppers	0800 555 111
Local Station	856 4973/856 4784
Council Planning	234 4537

**Environment Issues**

Environmental Health	234 4875
Neighbourhood Services	234 5004
Ward Co-ordinator	455 1015

**About WRCF**

The Whalley Range Community Forum is a representative voluntary organisation for residents of Whalley Range. The Forum aims to promote a positive image of the area, contribute to the development of appropriate government strategies, improve local facilities and services and increase communications with other organisations. [www.whalleyrange.org](http://www.whalleyrange.org)

**Whalley Range Community Forum**

**Meetings**

Venues to be confirmed  
 7pm Thursday 12<sup>th</sup> January 2017  
 7pm Thursday 9<sup>th</sup> March 2017  
 E: [communityforumwhalleyrange@gmail.com](mailto:communityforumwhalleyrange@gmail.com)  
 T: 0161 881 3744  
 c/o JNR8, 82 Cromwell Ave, M16 0BG

**WRCF on Twitter**

<http://tinyurl.com/8ywpocz>

**The Policing team for Whalley Range:**

**Police Constable** Summer Roberts  
**Police Community Support Officers**  
 PCSO Ahmed Farooqi  
 PCSO Jacqueline Cosgrove  
 PCSO Iain Tuft

**Latest from GMP:**

From next year, new penalties will be in place seeing drivers get six points on their licence and a £200 spot fine for using a mobile phone while driving.