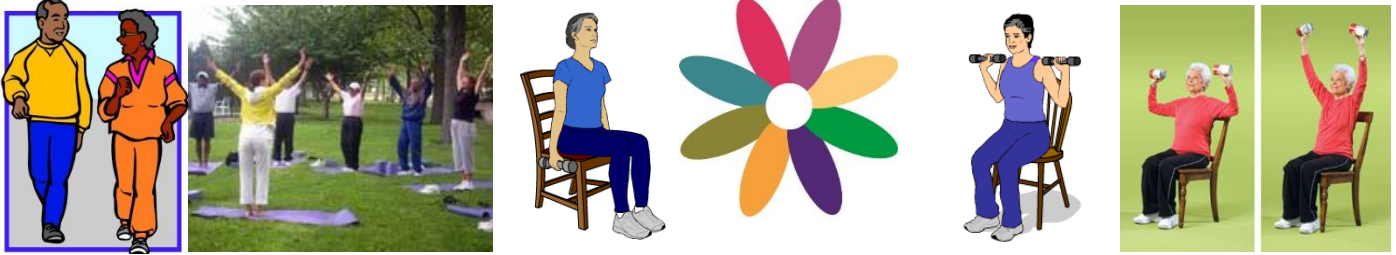


# Age-friendly Active Ageing Survey



**Would you like to see some activities for older people in Alexandra Park this summer?**

**What would you be interested in?**

**Please tick the suggested activities and taster sessions below - or add your own!**

- ☐ Tai Chi
- ☐ Bird watching
- ☐ Walking
- ☐ Fitness sessions
- ☐ Memory Collecting
- ☐ Other (please specify)

Your age: .....

Your postcode: .....

Please return the survey to the lodge in the park or to  
JNR8 Community Centre,  
82 Cromwell Avenue,  
Whalley Range  
M16 0BG

Contact Chris at [agefriendlywhalleyrange@gmail.com](mailto:agefriendlywhalleyrange@gmail.com)  
or call 881 3744 to join our age-friendly mailing list.

Visit our website for lots of community and age-friendly news [www.whalleyrange.org](http://www.whalleyrange.org)