Neighbourhood update – 18 June 2020
Chorlton, Whalley Range and Fallowfield

Hello Chorlton, Whalley Range and Fallowfield Neighbourhood Partnership – I hope you are all well? This is neighbourhood update No.15, and as always it’s full of news and information to support those people most at risk during the covid-19 outbreak. I’d really like to hear how you and/or organisation is faring at this challenging time, and of course I’d welcome any comments, feedback or suggestions about what you’d like to see covered in these updates. Drop me a line at dawn.harris15@nhs.net

Support for people at risk during the Covid-19 pandemic

GP Practices in Chorlton, Whalley Range and Fallowfield remain OPEN! If you are feeling unwell or are worried about an existing condition then please contact your GP practice by telephone or via GP online services. DO NOT VISIT YOUR SURGERY IF YOU HAVE SYMPTOMS OF COVID-19, SELF ISOLATE AT HOME AND CONTACT NHS 111 FOR FURTHER INFORMATION.

Manchester City Council’s Community Response helpline continues to provide support with food, medication, household bills and social isolation. Call 0800 234 6123 or email: COVIDSupport@manchester.gov.uk

If you have concerns that someone may be at risk then you can also contact:
- Care Navigator Service – referrals possible via mft.carenavigators@nhs.net (also by phone, 0300 303 9650)
- Be Well – referrals now via any organisation: bewell.mcr@nhs.net or 0161 470 7120. Further information here.

Mutual Aid Groups and Volunteering

Mutual-aid groups have been providing neighbourly responses to the Covid-19 pandemic across the Chorlton, Whalley Range and Fallowfield. Find out more about your local response by clicking on the following links:

- Chorlton Coronavirus Community Response
- Whalley Range Covid-19 Mutual Support Group
- Compstall Avenue, M14
- Fallowfield Vs Coronavirus

On Wednesday 17th June, Central and South Health Development Coordinators, along with Charlee Fitzgerald (Primary Care Navigator) and Tom Waring from MACC, had the pleasure of meeting (virtually) with mutual aid group organisers from across Central locality to learn about their experiences of setting up mutual aid, and to talk about their next steps. Tom from MACC tweeted after the meeting to say: “They are offering different models of working, and facing different challenges but all are offering something amazing to their communities” – We would agree! Mutual
aid groups are hyper-local, community-led initiatives that are addressing local needs and gaps not reached by services. We are now evaluating the session via an online survey and looking at the outcomes. We’ll keep you posted! 😊

### Social Isolation and Mental Health

**Self-Help Services** continue to operate as normal for support with mental health needs. All assessments and therapy sessions are currently conducted over the telephone and they will now be adding video calls to their options for support. All referrals can be made via professional, GP or self by calling 0161 226 3871 or through the [website](#). An initial assessment appointment will be offered within 1-2 weeks of referral.

**Greater Manchester Mental Health NHS Foundation Trust (GMMH)** continue to operate their 24/7 helpline to support existing service users and their carers: Tel: [01204 483 071](tel:01204483071)

**Urgent help and crisis support information** can be accessed [here](#).

### Partners Updates

**Congratulations** to **Reach out to the Community** and **Sow the City** who have both been awarded the UK’s highest award for voluntary sector organisations – **The Queen’s Award for Voluntary Service**. Its well-deserved recognition for all the fantastic work they do in this community and across Manchester.

**Frontline workers meetings** have been taking place twice, sometimes three times per week since March 2020. The meetings are convened by me and attended by workers from MCC Neighbourhoods Team, Be Well, Care Navigator Service; the Focussed Care Practitioner from The Alexandra Practice, Buzz, One Manchester, Greater Places Housing Association and Whalley Range Sure Start Centre. The aim of meetings is to enable information sharing and the identification of particular concerns in the neighbourhood; allowing us to work together to find solutions; ensuring that additional support is provided to residents as it is required.

Concerns raised include anxiety, worry and uncertainty about the future – especially around employment, access to food including holiday hunger, social isolation, staying safe and well, emotional health and digital inclusion. Some of these concerns were already issues in the neighbourhood, but have been exacerbated by the present situation, both under lockdown and as we come out of it. The group also provides a singular reporting pathway to different structures in the City.

**As a neighbourhood partnership** we need to make sure that our next steps (i.e. our recovery plan) also addresses these concerns. We might want to reconsider our Neighbourhood Plan (remember that – feels like a lifetime ago!). **So would it be useful to think about how we could get together as a virtual Partnership? Are you interested? Which online platform would enable for us all to get together?** Please let me know what you think. **Email me:** dawn.harris15@nhs.net

Have you seen the **Welcome Back to Manchester** campaign that has been developed by **Manchester City Council**? As lockdown eases and more people go back into the city centre, it is
important to share the latest health advice, and to reassure people. The Welcome Back campaign does just that, with resources, information, support, and advice that can be used by any business, partner, or other organisation. Visit [www.welcomebackmanchester.com](http://www.welcomebackmanchester.com) and get a #MCRHUG.

And of course, while great to visit the city-centre, it’s also important to SHOP LOCAL and supports the local businesses and shops here in our Neighbourhood as we come out of lockdown.

MCRVIP, the city council’s volunteering programme is currently focused on recruiting volunteers for public services who want to involve volunteers in their COVID-19 response work. If you are a public service and you need volunteers to help you with your covid-19 response work, please [register](http://www.welcomebackmanchester.com) as a provider of opportunities.

Once registered as a Provider you can create opportunities for volunteers to work alongside your service and, via an embedded app function you can easily create tasks that require a rapid response from volunteers in the community. MCRVIP will promote your opportunities to the 7000+ volunteers already registered as well as social media and wider community promotions to help you find the volunteers you need.

Volunteers who register with MCRVIP can apply to volunteer for your opportunities (photo ID and proof of address is requested from all volunteers), and as a trusted Provider you will receive automated emails every time a volunteer applies to join your team. **MCRVIP is a brokerage service that enables you to find the volunteers you need, however, how you manage the volunteers you recruit via MCRVIP remains your responsibility as the opportunity Provider.**

Support for providers is available and there are lots of useful guides and resources in your provider profile to help you use the system to its fullest potential. For additional information contact Elaine Mills at [e.mills@manchester.gov.uk](mailto:e.mills@manchester.gov.uk)

**MACC** is hosting a free webinar on Thursday 25 June at 1pm on ‘**The Past, Present and Future of Adult Education in Manchester (and how online learning will change the world)**’. The session will be delivered by Manchester Adult Education Service (MAES) and joined by Co-op College. For further information, or to register, click [here](http://www.welcomebackmanchester.com).

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**In Other News…..**

This week is **Cervical Screening Awareness Week**. The process is working a little differently during the pandemic but **Jo’s Trust** has put together a handy page of [frequently asked questions](http://www.welcomebackmanchester.com). If you have any health concerns then please contact your GP.

**GM Cancer Screening Engagement Programme** is running sessions that will supercharge your knowledge of the three national cancer screening programmes and why they are so important. You will learn who is eligible, what’s involved, and what messages and approaches can encourage others to take up their screening invite. **These sessions are aimed at anyone living within Greater**
Manchester with an interest in promoting cancer awareness. For information contact Elizabeth O’Connor Training & Development Worker. Email: elizabeth.oconnor2@uni.uk.net Tel: 0161 736 9207 Mob: 07848030144 or click on the links below to register:

Tues 23rd June 11am - https://us02web.zoom.us/webinar/register/WN_LNHVfa6RSJa_Iu1mT_NnsQ
Weds 24th June 7pm - https://us02web.zoom.us/webinar/register/WN_pYvR0R4VRq6o_S9MBZnzFw
Thurs 25th June 2pm - https://us02web.zoom.us/webinar/register/WN_zSX6Nqr_TsyDk4kRCw84A

Gaddum are recruiting! There are a number of opportunities to join one of Manchester’s oldest charities across advocacy, carers and therapy services. Further information can be found on their website.

Did you know that you can make your own face covering using items that you may have at home? Further instructions can be found here.

In Previous Updates....

To request a copy of a previous update please contact dawn.harris15@nhs.net or call / text or WhatsApp 07305943204.

Keep In Touch

Please send me any information, good new stories and feedback: dawn.harris15@nhs.net.

Other ways to keep in touch: Twitter: @dawnhealthdev

Facebook: Chorlton, Whalley Range and Fallowfield Integrated Neighbourhood Team or

Twitter: @ChorWhalFallINT