

WRYOA & WRCF Presents

# Celebrate Festival

Whalley Range

## Celebrate Energy

Saturday 10 June 2023, 12-6  
JNR8 Youth & Community Centre  
82 Cromwell Ave, M16 0BG

Music & performance,  
stalls, food & drink, inflatables,  
Arts & Crafts, Age Friendly and Health & Wellbeing activities

No pets, no bikes & no alcohol

Full programme here-  
<https://www.whalleyrange.org/whalley-range-celebrate/>  
email: [celebratewhalleyrange@gmail.com](mailto:celebratewhalleyrange@gmail.com) // phone: 0161 881 3744  
[whalleyrange.org](http://whalleyrange.org) // [wryoa.org](http://wryoa.org)

f @celebratefestivalwhalleyrange



## A & F HARDWARE

Household - Key Cutting

Plumbing, Electrical

Fancy Goods

Open Mon - Sat, 9:00am - 6:30pm

Sun 10:00am - 5:30pm

Supporting Celebrate for 26 years!

264 Upper Chorlton Rd, Tel: 0161 860 0500

## Jam Street

The oldest community bar and cafe in  
Whalley Range, supporting Celebrate and  
the Community

Offering an all-inclusive space where  
people can connect and enjoy a  
selection of beers, play pool,  
table games and most of all...  
Enjoy Being Together

209 Upper Chorlton Road, M16

Tel: 0161 881 1013 F: jamstreetMCR

## RUSSELL GARAGE

**Motor  
Engineers**

**Proprietor: Dean Hole**

**Chassis Welding Specialists**

**Insurance Estimates**

**Servicing, MOTs and more...**

**Most Repairs to Most Cars**

**Tel: 0161 881 4466**

**31a Russell Rd, Whalley Range**



We would like to thank the  
Co-op for their continued support  
through donations, with a special thanks  
to Member Pioneer Serena Gasper



**tibetankitchen**  
authentic tibetan food  
**Celebrate Festival  
2023**

**Proud to be part of our vibrant  
Whalley Range Community**

**Celebrating 14 years in Whalley Range,  
launching at Celebrate Festival in 2009**

**254 Upper Chorlton Road, 0161 881 1966**

## elliotts pharmacy

**WE WILL COLLECT YOUR PRESCRIPTION AND DELIVER FOR FREE!**

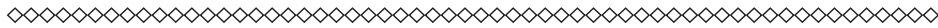
**YOUR LOCAL FAMILY RUN PHARMACY  
involved with Celebrate for 26 years!**

**201 UPPER CHORLTON RD, WHALLEY RANGE**

**TEL: 0161 881 9800**



A very warm welcome to the 26th Celebrate Festival, celebrating the very best of our fantastic community. In recent years the Festival has been in Manley Park and we hope to return there next year, but this time round we were unlucky with our major funding bids. We are grateful to Manchester City Council and our local councillors without whom the Festival would not be taking place at all. Although the Festival may be smaller than usual you will still find a great programme of music, workshops and activities that reflect the diverse and colourful nature of Whalley Range.



The theme of the festival this year is 'Energy' – interpreted by our artists, performers and stall holders in a number of ways – physical energy, kinetic energy, renewable energy and of course we can't get away at the moment from the cost of energy. Check the map and schedules to see what's going on. We have music and performance on two stages, drop in creative activities in the Arts & Crafts Marquee and lots of activities and information in the JNR8 hall.

Travelling Light Circus returns to Celebrate 2023 with the Pendulum Wave. According to their website: "The patterns of the pendulum wave machine were first seen in 1867 by the Austrian physicist and philosopher Ernst Mach. Mach built the very first wave machine with mathematics and physics and created something magical, almost metaphysical!" So there you have it – an energy demonstration and a science lesson right here at Celebrate!

## **Celebrate Festival**

The festival is run by volunteers from the community and staff from Whalley Range Community Forum and Whalley Range Youth Opportunities Association working with partners from other local groups, businesses, schools and statutory services. However we are grateful for the professional assistance of our project coordinators and artists.

Festival Coordinator: Lotte Karlsen

Music Programmer: Casey Birks

The festival is made possible by donations from local businesses, fundraising by volunteers and grants from various funders

The Aims of Celebrate:

- To celebrate the talent, diversity and resources of Whalley Range
- To promote positive image and improve quality of life in Whalley Range
- To encourage participation of different communities within the area and work from an anti-discriminatory framework.

If you want to get involved with Celebrate, WRYOA or WRCF, contact us at: [celebratewhalleyrange@gmail.com](mailto:celebratewhalleyrange@gmail.com) or 0161 881 3744 or come and have a word with us at the information stall.



# Alexandra Medical Practice



Doctors and staff send their best wishes for the 26th Celebrate Festival

Bringing all members of the community together  
to promote good health for all

365 Wilbraham Road, Whalley Range, M16 8NG Tel: 0161 860 4400



Fancy a chat with your GP at the festival? You're in luck!

The Alexandra Practice will be here to talk about how 'Health is the new Wealth'



## SHEN CLINIC

### SHEN ULTIMATE RELAXATION MASSAGE

SPORTS/DEEP TISSUE MASSAGE

SHEN REJUVINATION FACIAL

ACUPUNCTURE & COSMETIC ACUPUNCTURE

REFLEXOLOGY

OSTEOPATHY FOR BABIES, CHILDREN & PREGNANCY

OSTEOPATHY FOR PAIN AND INJURY

NURSE LED AESTHETICS CLINIC (WED)

DEWAX EAR MICROSUCTION (WEEKEND)

Tel: 07523 324021

[www.shen-clinic.co.uk](http://www.shen-clinic.co.uk)

Shen Clinic, 14 Milton Grove, Whalley Range, M16 0BP

## THE MEADOW CLINIC

NURSE LED AESTHETICS

Welcome to The Meadow Clinic - nurse led aesthetics and medical grade skin care, by Teresa Kemp - NMC Registered Nurse and Independent Nurse Prescriber

From glowing skin to rejuvenation or enhancement,  
I achieve beautiful results, whatever your aesthetics needs.

Contact me:

M: 07968 369557

E: [teresa@themeadowclinic.com](mailto:teresa@themeadowclinic.com)

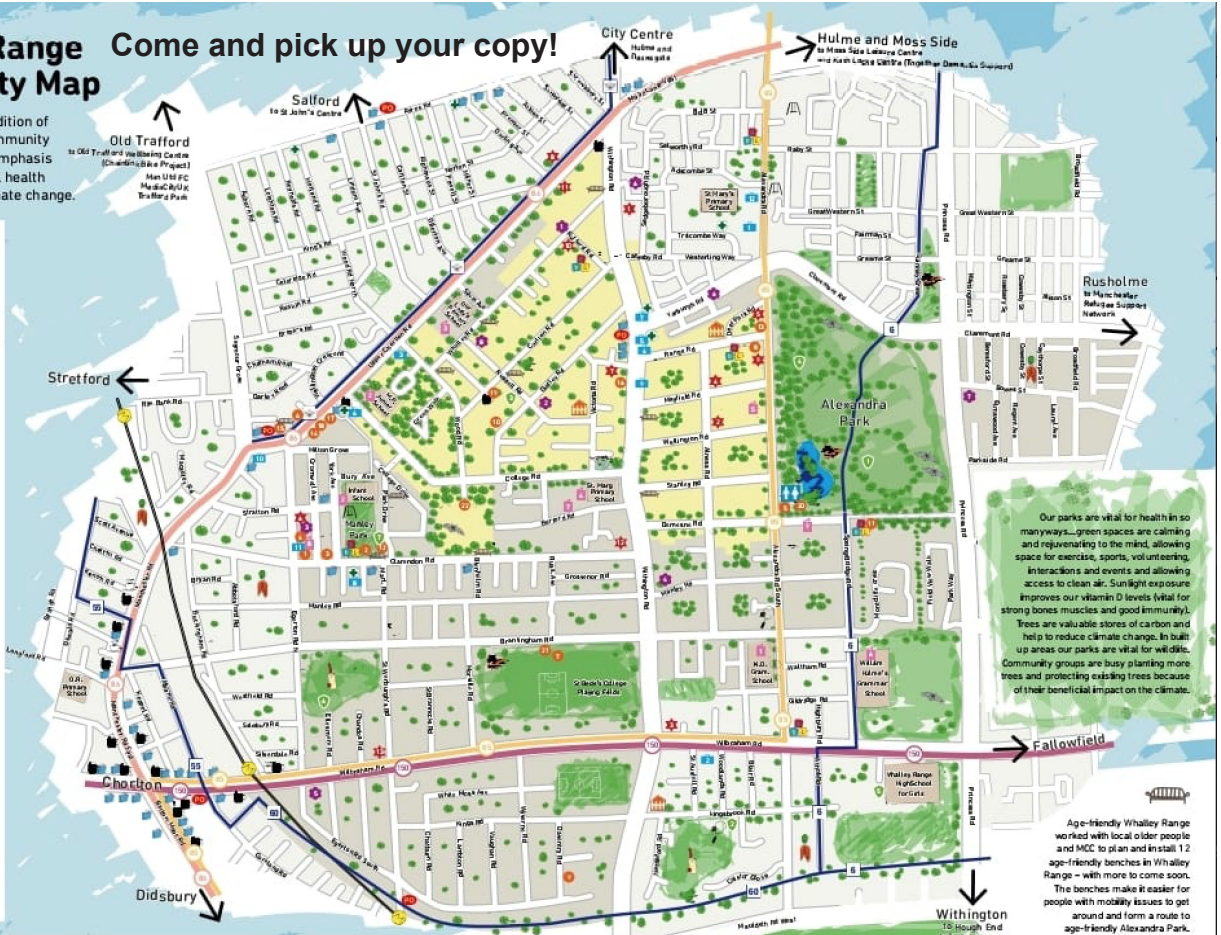
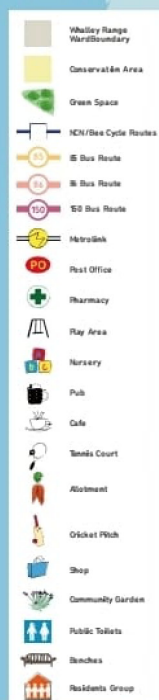
W: [www.themeadowclinic.com](http://www.themeadowclinic.com)

I: @themeadowclinic

## Whalley Range Come and pick up your copy!

### Community Map

Welcome to the third edition of the Whalley Range Community Forum Map - with an emphasis on physical and mental health and wellbeing and climate change.





## INDOOR HEALTH AND WELL-BEING AREA:

- **Ashville Health Champions**- Learn how to make origami hearts with Kate for a badge or a garland
- **Age-friendly** intergenerational crafts with Gail and bottle puppets with Freddi
- Hand and arm massage **by Jas**
- Whalley Range map - pick up your copy of a detailed map of Whalley Range
- **The Alexandra Practice** will be here to chat about how 'Health is the new Wealth'
- **KPS Pharmacy** -healthy chats and blood pressure checks
- Join **Dan and Kaz** for a Tai Chi and Laughter Yoga taster session for balance and wellbeing

### Information stalls - including:

- Whalley Range Community Forum
- Cost of Living advice and information
- Age Friendly Whalley Range & Chorlton
- LGBT+ - Proposed Extra Care Housing Scheme in Whalley Range



## IN THE ARTS N CRAFTS TENT:

- Petal Pixie workshop with Mez from MAD Sustainable Designs
- Make wind powered windmills with Thea Luckcock
- Rev up a balloon powered car with Rowan Zulloch
- Collage workshop with Hollie from Jive Print
- Chalk Art for all ages with Philippa Bailey
- Applique and embroidery banners with Ayesha Yilmaz



## IN THE GARDEN... explore the garden with lots to do, buy and try

- The Pendulum Wave from [www.travellinglightcircus.com](http://www.travellinglightcircus.com)
- The Green Zone with Let's Talk Clean Air, WR Climate Action, St Margaret's Primary School Green Team and WR Neighbourhood Team
- Second hand bookstall raising funds for WR Climate Action
- Inflatables and soft play
- Facepainting and henna with Sunita
- Handmade craft and food stalls
- Storytelling with Professor Jiggett
- Manley Park Methodist Church



## ON CROMWELL AVENUE...

- Tibetan Kitchen food cart
- Coffee Cranks coffee bike
- Fire Engine from Moss Side Fire Station – unless there's a fire to attend!





# What's going on at JNR8 Youth & Community Centre

Whalley Range Community Forum JNR8 - 0161 881 3744



Whalley Range Community Forum is a representative voluntary organisation for residents of Whalley Range. The Age-friendly Whalley Range & Chorlton steering group hold meetings and social and information events to engage with older people to identify and address priorities.

**Monday:** Advice and Signposting

**Tuesday:**

**10 - 12pm** - ESOL for Women Only

**12 - 2pm** Learn to play @ JNR8

50+ music group

**2:15 - 3pm** - Chair exercise for mobility

**Wednesday:**

**10 - 11am** - Women's Only Keep Fit

**11:30 - 1:30pm** - Leg Club Social (for people with leg health issues)- FROM August!

**2 - 3pm** - Age Friendly Tea and Chat

**Thursday:**

**1:30 - 2:30pm** - Spanish for beginners

**1:30 - 2:30pm** - Tai Chi for health & balance

**Friday:**

**10 - 1pm** - Community Hub - Tea, toast, chat and advice

**Fridays - Time to Change**

Mental Wellbeing Social Group - 5-7pm

Call Carol for more info on 07788 855544

**Supporting Mental Health**

Come and join us in: cooking, eating, pool, live music, and some good conversation.

**Promoting positive messages!**

**ADVERTISE**

your business  
in our program  
next year

Call Manchester  
FREE Cost of living  
Advice Line

**0800 023 2692**

Lines are open  
Mon-Fri, 9am-4:30pm  
Text: 07860 022 876  
manchester.gov.uk/coladvice

## WHIZ Youth Project Ages 11-19 years

Facilitating the personal, social and educational development of young people



**Monday - Girls Group**  
Coming soon- Watch this space!

**Tuesday - Muay Thai Boxing**  
+ In house activities

**Wednesday - Healthy Eating**  
+ Arts workshops

**Thursday - Fitness Session**  
+ In house activities

In-house activities include: Pool, PS4, Board Games, Table Tennis, Art & Crafts, AND.... much more!



- Volunteering Opportunities
- One to One Support
- Duke of Edinburgh Award
- Outdoor Activities
- CV/ Job Application support
- Group Workshops



WHALLEY RANGE YOUTH  
OPPORTUNITIES ASSOCIATION  
Charity No. 512666

[www.wryoa.org](http://www.wryoa.org)

0161 881 3744

## JNR8 PLAY SCHEME

WRYOA's fantastic play scheme runs during school holidays, for children ages 6-12yrs old.



Looking forward to the Summer holidays!

## Community on Solid Ground

Youth Club  
Ages 8-19 years



Every Saturday 6:00-7:30pm  
[www.yosg.org.uk](http://www.yosg.org.uk)  
0161 862 0955



## MAIN STAGE - Indoors (In church)

- 12:15-13:00 **Chorlton Rock Out School** (showcase for local youngsters)  
13:10-13:40 **Whiskey n Rhyme**- Local Jazz duo with old and new covers  
13:50-14:05 **Let's Not Litter** (yrs 1+2, St. Margarets perform a short play)  
14:20-15:00 **Poppycock** ('cocky pop, haunting, funny and deadly serious')  
15:10-15:40 **Trio Chuva** a blend of musical experiences and cultures  
15:50-16:20 **Happy Tuesdays** - JNR8 over 50's community music group  
16:30-17:00 **Open Voice Choir** (Whalley Range legends /Celebrate regulars)  
17:10-17:50 **Cajun Specials** (American folk band with washboard and fiddle)



## THE GARDEN



- 12:00-12:30 **Bryony Lloyd** - Folk singer and songwriter  
12:40-13:00 **Casey Birks** - A very unusual mix of Rock and Jazz, electric style  
13:10-13:40 **Seamus Og** - Irish singer songwriter hailing from Belfast - with double bassist Andy Patterson  
13:45-14:15 Thai Boxing Demonstration by **WRYOA-Whiz Youth Project**  
14:15-14:45 **Alice Phelps**- soulful vocals with double bass  
14:44-15:45 **Tony Curry & friends** - Poetry at it's best  
15:55-16:25 **Jo Rose** - A beautiful combination of guitar and vocal  
16:35-17:10 **Mento B** - Jamaican folk music

## THANK YOU

For ongoing support and contributions to Celebrate Festival:

Manchester City Council  
Alexandra Medical Practice  
Whiz Youth Project staff and Volunteers

Whalley Range Community Forum  
Age Friendly Whalley Range  
Manley Park Methodist Church



**Photographs and videos** will be taken around the site by various people, throughout the day for monitoring and promotion purposes.

We were very sad to hear that our fantastic Age-friendly and Celebrate photographer Anthony Morris passed away in December. Anthony captured the essence and spirit of the Celebrate festival for over 10 years - taking hundreds of photos for us for many of our events. Anthony is sadly missed, both as a friendly face at JNR8, popping in for a brew – and as a great volunteer photographer.

