funded by
COMMISSIONER’S NEIGHBOURHOOD FUND & WHALLEY RANGE COMMUNITY FORUM 2016

including local support groups
WHALLEY RANGE IS A RICHLY DIVERSE, WELCOMING AND FRIENDLY PLACE WHERE PEOPLE OF ALL AGES LOOK OUT FOR THEIR NEIGHBOURS AND GET ALONG WITH EACH OTHER.

WE CELEBRATE OUR DIFFERENCES AND SIMILARITIES - BUT SOMETIMES MAY NEED SOME EXTRA SUPPORT, PROFESSIONAL HELP AND ADVICE.

THIS BOOKLET PROVIDED LOCAL INFORMATION AND DIRECT TELEPHONE NUMBERS TO SERVICES WHO CAN TRY TO HELP YOU IF YOU FEEL VICTIMISED, BULLIED, LONELY, WORRIED ABOUT SOMEONE, ARE CONCERNED FOR YOUR OWN SAFETY - OR WANT TO REPORT AN ISSUE IN YOUR LOCAL AREA.

NOT EVERYONE HAS ACCESS TO THE INTERNET - AND SOMETIMES IT’S GOOD TO SPEAK TO A REAL PERSON IF YOU NEED HELP AND ADVICE – EVEN IF YOU JUST WANT TO CHAT TO SOMEONE WHO UNDERSTANDS HOW YOU ARE FEELING.

COMMUNITY TOGETHER, SAFETY IN NUMBERS.
Whether you need to report a crime, voice a concern, seek support for yourself or a friend/neighbour/family member, or simply find out about events, groups and public spaces in your neighbourhood, there will be a number to meet your requirements.

See the following content key for details.
**CRIME/EMERGENCY REPORTING**
For general incidents call 101 – 15p per call (In an emergency or if you fear for your safety always call 999)

**CRISIS SUPPORT**
Homelessness, Asylum, benefit sanctions: helpline numbers for people in crisis

**ENVIRONMENT & PUBLIC SPACES**
Contact details for local parks and green spaces, local environmental community support groups, environmental issues: how to report problems

**COMMUNITY/RESIDENT SUPPORT**
General advice and signposting for local services, housing issues, benefits and sanctions

**MEDICAL SUPPORT**
Medical centres, pharmacies and GP services

**OLDER PEOPLE’S SERVICES**
Organisations that support the health & wellbeing of older residents, care providers, community groups and housing schemes
SOCIAL CARE/MENTAL WELLBEING
Local support services for residents.
Helplines, Support and Self-help groups

HOUSING SUPPORT
Find the contact numbers for Housing Associations, housing and benefits advice services, homeless support, Asylum seekers support services

RELIGION/FAITH
Contact details for religious and faith organisations in the Whalley Range area

YOUTH GROUPS, CHILDREN’S SERVICES & EDUCATION
Local facilities and activities aimed at young people between the ages of 0-25 years

GENERAL ADVICE
First point advice, signposting to services, Advice surgeries
These Manchester City Council emergency-only numbers are open 24 hours a day, seven days a week.

**SOCIAL CARE (SOCIAL SERVICES)**
to report abuse, neglect, or a vulnerable person at risk: 0161 234 5001

**HOMELESSNESS**
If you have nowhere to stay at night: 0161 234 5001

**CIVIL EMERGENCY**
This is our equivalent of ‘999’. Only use it to report an incident that puts people in immediate danger; such as a collapsing bridge or building, an explosion, or a severe flood: 0161 223 7222
HATE CRIMES
Support for you - or anyone you know who has been a victim of a Hate Crime or Incident

Whalley Range Community Forum and Community on Solid Ground are registered Third Party Hate Crime Reporting Centres.

If you feel you have been a victim of a hate crime or hate incident - you can come along to a local centre and we can help you to report online at the True Vision website www.report-it.org.uk

Report to Manchester City Council FREE on 08000 830007
Crimestoppers FREE on 0800555111
Tenants Housing on Call 03000 112211
WOMEN’S AID
Freephone 24hr helpline: 0800 2000 247
Mon-Fri 9.30 - 4.30

SAHELI ASIAN WOMEN’S PROJECT
Provides advice, information and support services to Asian women and their children fleeing domestic abuse and/or forced marriages
Tel: 0161 945 4187
http://saheli.org.uk/

KARMA NIRVANA
Tel: 0161 660 7999
www.karmanirvana.org.uk

FORCED MARRIAGE/HONOUR BASED ABUSE
08005999247

RAPE CRISIS
Freephone helpline 0808 802 9999 (12-2pm, 7- 9.30)
Tel: 0161 273 4500 (Mon-Fri 10-4pm, Weds & Thurs 6-9pm)
VICTIM SUPPORT  
Free support line: 0808 168 9111 Mon to Fri 8 - 9pm  
Tel: 0845 456 8800 Sat 9 - 5pm

MEN’S DOMESTIC ABUSE ADVICE LINE  
Freephone: 0808 801 0327

MODERN SLAVERY HELPLINE  
Freephone: 0800 0121 700  
Or visit www.modernslavery.co.uk

CONFIDENTIAL ANTI-TERRORIST HOTLINE  
Freephone: 0800 789 321

For general incidents call 101 – 15p per call  
In an emergency or if you fear for your safety always call 999
REACH OUT TO THE COMMUNITY
ReachOutCommunity@yahoo.com
Collect items for homeless people at drop-off in Chorlton

REFUGEE ACTION MANCHESTER
179 Royce Rd, Manchester M15 5TJ
Tel: 0161 831 5420

GREATER MANCHESTER IMMIGRATION AID UNIT
1 Delaunays Road, Crumpsall Green M8 4QS
Tel: 0161 740 741 7722 - Direct Line: 0161 741 2645

CITIZEN’S ADVICE ADVICELINE
Tel: 03444 111 222
Monday, Tuesday, Thursday and Friday 9.30am to 5.00pm and Wednesday 10.00am to 5.30pm.
Or visit the Information Hub at Manchester Town Hall Customer Service Centre - open Monday to Friday 9.30am to 2pm.
BARAKAH FOOD AID
If you or someone you know is struggling to eat or benefits have been sanctioned
Tel: 07506 527 523

MAD DOGS STREET PROJECT
A community-led secular initiative, staffed by volunteers, providing food & clothes to the
homeless of Manchester.
info@maddogsstreetproject.co.uk

JNR8
Provides a foodbank referral service and can issue vouchers to residents in crisis.
JNR8 Community Centre, 82 Cromwell Avenue M16 0BG Tel: 0161 881 3744
Referral service for vouchers is at JNR8 on Wednesdays 12-1 pm

Visit the foodbank at St Edmund’s Church with your voucher on Wednesdays from 1-3pm
ST EDMUND’S CHURCH Alexandra Rd South M16 8EZ Tel: 0161 226 1291
Local bus 85 nearest bus stop Alexandra Park, Alexandra Road South, Whalley Range

EVERYONE WHO COMES TO THE FOODBANK FOR EMERGENCY FOOD MUST HAVE A VALID FOODBANK VOUCHER.
WHALLEY RANGERS
Working together to make living here even better - through community clean ups, urban gardening and promoting a cleaner and greener Whalley Range.
www.facebook.com/groups/thewhalleyrangers

ALEXANDRA PARK/MANLEY PARK
Park Security: 0161 224 4237
General Park Details: 0161 868 0861
info@alexparkmanchester.org

WHALLEY RANGE CONSERVATION GROUP
Chris Sedman chris@rosevilla21.plus.com

DANGEROUS DUMPED RUBBISH
Tel: 0161 234 5004
https://www.fixmystreet.com/

Report, view, or discuss local problems
Environmental Issues: 0161 234 5004
WHALLEY RANGE COMMUNITY FORUM (WRCF)
Classes, work club, ESOL, advice and general information
Tel: 0161 881 3744

COMMUNITY ON SOLID GROUND
Community on Solid Ground
provide a weekly advice drop-in
Tel: 0161 862 0955

SHELTER HOUSING & BENEFITS ADVICE
Call Whalley Range Sure Start Children’s Centre for details
Tel: 0161 235 7007

PAKISTANI RESOURCE CENTRE ADVICE SESSIONS
Ashville Surgery Fridays 9:30-12:00pm
Tel: 0161 434 7800

GOLDEN CENTRE OF OPPORTUNITIES
Benefits Advice, classes, work club
Tel: 0161 226 9288
WHALLEY RANGE COUNCILLORS SURGERY
6:30-7:30pm Mondays @ Manley Park Playcentre
Mary Watson: 0161 860 5523
Angeliki Stogia: 07901528750
Aftab Razaq: 07799560244

CHORLTON LIBRARY
Tel: 0161 227 3700

LESBIAN & GAY FOUNDATION
Tel: 0845 3303030

BUZZ
Manchester Health & Wellbeing Service.
Tel: 0161 248 1767

Call 101 if antisocial behaviour is affecting the quality of your life.
If you feel threatened – or think that life is in danger due to antisocial behaviour – call 999.
ALEXANDRA PRACTICE
365 Wilbraham Rd, M16 8NG
Tel: 0161 860 4400

ASHVILLE SURGERY
171 Upper Chorlton Road Whalley Range M16 9RT
Tel: 0161 881 4293

RANGE MEDICAL CENTRE
121 Withington Rd, Whalley Range M16 8EE
Tel: 0844 499 6977

RANGE PHARMACY
121 Withington Rd, Manchester M16 8EB
Tel: 0161 226 3723

EVEREST PHARMACY
117b Withington Road, M16 8EE
Tel: 0161 2278106
**WELL WHALLEY RANGE**
201 Upper Chorlton Road M16 0BH

**MANLEY PHARMACY**
207 Clarendon Road, M16 0EH
Tel: 0161 881 1985

**ELLIOTT’S PHARMACY**
171 Upper Chorlton Road M16 9RT
Tel: 0161 8819800
OLDER PEOPLE’S SERVICES

AGE-FRIENDLY WHALLEY RANGE & CHORLTON
Tel: 0161 881 3744

INDIAN SENIOR CITIZENS CENTRE
16-18 Whalley Road Whalley Range M16 8AB
Tel: 0161 232 7994

TANGMERE COURT - “JOHNNIE” JOHNSON HOUSING
Dudley Road Whalley Range M16 8DF
Tel: 0161 881 7377

TRAFALGAR COURT (ANCHOR HOUSING)
199-201 Withington Road Whalley Range M16 8JW
Tel: 0161 226 8259

CHORLTON GOOD NEIGHBOURS
Wilbraham St Ninian’s Church Hall, Egerton Road South
Tel: 0161 881 2925
OLDER PEOPLE’S SERVICES

RING & RIDE
Provides a door-to-door accessible minibus service for people who have difficulty in using public transport
Tel: 0845 688 3989

CARE & REPAIR
A registered charity working across Greater Manchester to improve the homes and lives of older and disabled people from home repairs to information and guidance
Tel: 0161 872 5500

AGE-FRIENDLY MANCHESTER
Tel: 0161 234 3391

TOGETHER DEMENTIA
sally@togetherdementiasupport.org
Tel: 07854 335 890

BEFRIENDERS
Cyril Flint is an established befriending service that currently covers Greater Manchester.
Tel: 0161 942 9465
LINK GOOD NEIGHBOURS
Tel: 0161 225 1064

SILVERLINE
Free 24 advice and chat line for older people 0800 328 8888 • advice • information • friendship

AGE CONCERN COUNSELLING SERVICE
Freephone: 0800 027 5787
THE SANCTUARY 24HR CRISIS HELPLINE
Tel: 0300 003 7029

MANCHESTER MIND
Tel: 0161 769 5732
www.manchestermind.org
info@manchestermind.org

CHORLTON ANXIETY GROUP
Tuesdays from 7-9pm Age 16+
Tel: 0161 226 3871

CDI COMMUNITY COUNSELLING SERVICE
Tel: 0161 881 0007 or 07788 414771

CALMS (Campaign Against Living Miserably)
Targeted at young men aged between 15-35 who are at risk of falling prey to suicide
Freephone: 0800 58 58 58
WHALLEY RANGE SELF-HELP WELLBEING GROUP
C/O JNR8 Community Centre, 82 Cromwell Ave, M16 0BG Tel 881 3744
www.whalleyrange.org/whalley-range-mental-health-group/

AFRICAN & CARIBBEAN MENTAL HEALTH SERVICE
Tel: 0161 226 9562

SELF HELP SERVICES
Mental Health advice
Tel: 0161 226 3871

42ND STREET
for young people under stress aged 13-25
Tel: 0161 228 1888
ADACTUS HOUSING
info@adactushousing.co.uk
Anchor freephone: 0800 731 2020

ARAWAK WALTON
Tel: 0161 272 6094

JOHNNIE JOHNSON
Tel: 0345 305 5335

MOSSCARE HOUSING
Tel: 0161 226 4211

YOUR HOUSING GROUP
Tel: 01925 593 000

SHELTER HOUSING & BENEFITS ADVICE
Call Whalley Range Sure Start Children’s Centre for details
Tel: 0161 235 7007
ASYLUM SUPPORT HOUSING ADVICE (ASHA)
159 Princess Rd, Manchester M14 4RE
Tel: 0161 227 8555

MCC HOMELESSNESS EMERGENCY
Tel: 0161 234 5001

HOMELESS ASYLUM SEEKERS: REFUGEE ACTION
Tel: 0161 831 5449

THE SANCTUARY
Overnight crisis service for adults
Tel: 0161 637 0808
BRITISH MUSLIM HERITAGE CENTRE
College Road, Whalley Range M16 8BP
Tel: 0161 881 8062

ENGLISH MARTYRS CHURCH
Alexandra Road South, Whalley Range M16 8GF
Tel: 0161 226 1107

GITA BHAVAN HINDU TEMPLE
231 Withington Road, Whalley Range M16 8LU
Tel: 0161 861 0606

ISKCON HARE KRISHNA TEMPLE
20 Mayfield Road, Whalley Range, M16 8FT
Tel: 0161 226 4416

MADRISA-MOSQUE ZAKARIA
22/24 Clarendon Road, Whalley Range M16 8LD
Tel: 0161 881 9860

ST EDMUNDS, CHURCH OF ENGLAND
Alexandra Road South, Whalley Range M16 8EZ
Tel: 0161 226 1291
MANLEY PARK METHODIST CHURCH
116A Egerton Road North Whalley Range M16 0BZ
Tel: 07504471430 - Rev. Ken Stokes

ST MARGARET’S CHURCH
Rufford Rd, Whalley Range M16 8AE
Tel: 0161 226 1289

ST WERBURGH’S CHURCH
386 Wilbraham Rd, M21 0UH
Tel: 0161 881 1642

WHALLEY RANGE METHODIST CHURCH
40 Sedgeborough Road Whalley Range M16 7EU
Tel: 0161 226 5517

WILBRAHAM ST NINIAN’S CHURCH
Egerton Road South M21 0XJ
Tel: 0161 881 2925
KD GRAMMAR SCHOOL
Hartley Hall Alexandra Road South Whalley Range M16 8NH
Tel: 0161 860 7676

MANLEY PARK PRIMARY SCHOOL
College Rd/York Avenue Whalley Range
Juniors: 0161 881 3808
Infants: 0161 881 4338

OUR LADY’S PRIMARY SCHOOL
Whalley Road Whalley Range M16 8AW
Tel: 0161 226 2767

ST MARGARET’S PRIMARY SCHOOL
Withington Road Whalley Range M16 8FQ
Tel: 0161 226 2271
WHALLEY RANGE 11-18 HIGH SCHOOL
Wilbraham Road, Whalley Range, Manchester, M16 8GW
Tel: 0161 861 9727

WHALLEY RANGE YOUTH OPPORTUNITIES ASSOCIATION (WRYOA)
Whiz JNR8 Youth & Community Centre, 82 Cromwell Avenue, Whalley Range M16 0BG
Tel: 0161 881 3744

YOUTH ON SOLID GROUND/COMMUNITY ON SOLID GROUND
Welsh Chapel 116B Egerton Road North Whalley Range M16 0BZ
Manley Park Play Centre M16 0AS
Tel: 0161 862 0955

WHALLEY RANGE SURE START CHILDREN’S CENTRE
Burford Road, Whalley Range M16 8HE
Tel: 0161 245 7007
ST MARGARET’S PRIMARY SCHOOL
Withington Road Whalley Range M16 8FQ
Tel: 0161 226 2271

ST MARGARET’S PRIMARY SCHOOL PARENT SUPPORT ADVISOR
Tel: 0161 226 2271 - Kim Mann

WILLIAM HULME’S GRAMMAR SCHOOL
Spring Bridge Road, Manchester M16 8PR
Tel: 0161 226 2054

ALEXANDRA PARK CHILDREN’S LEARNING COMMUNITY
Demesne Rd Alexandra Park, M16 8PH
Tel: 0161 226 8080
SCHOOL WELFARE OFFICER/PARENT SUPPORT MANLEY PARK
Family Support Worker
Tel: 0161 881 4338 - Nichola Sobolewski

BRITISH MUSLIM HERITAGE CENTRE
Youth groups and activities for children and young people
College Road, Whalley Range M16 8BP
Tel: 0161 881 8062
GENERAL INFORMATION

CITY COUNCIL
Tel: 0161 234 5000

NEIGHBOURHOOD SERVICES
Tel: 0161 234 5004

LOCAL PLANNING
Contact WRCF: 0161 881 3744

SOCIAL SERVICES
Tel: 0161 234 5001

FIRE SERVICE HOME SAFETY CHECKS
Freephone: 0800 555 815

CHORLTON LIBRARY
Tel: 0161 227 3700

SHELTER HOUSING & BENEFITS ADVICE
Call Whalley Range Sure Start Children’s Centre for details
Tel: 0161 235 7007
WHALLEY RANGE COMMUNITY FORUM (WRCF)
Classes, work club, ESOL, fitness, general information
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Ashville Surgery Fridays 9:30-12:00pm
Tel: 0161 434 7800

GREATER MANCHESTER VICTIMS’ SERVICES
Support line: 0161 200 1950
Victim Support: 0161 200 1950

The Whalley Range Community Forum (WRCF) is a voluntary representative residents group formed in 1995 to facilitate and improve communication between members of the community and those who serve/represent Whalley Range.

Read more at: www.whalleyrange.org
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